

THEME: Older Persons - Our Golden Treasure !

15 May : International Family Day
15 June : World Elder Abuse Awareness Day
21 Sept : World Alzheimer's Day
27 Sept to 3 Oct : Week of Older Persons
01 October : International Day of Older Persons
03 October : Grandparents Day®
01 December : World Aids Day



**PRESS RELEASE : 14 MAY 2010
FOR IMMEDIATE CIRCULATION**

GRANDPARENTS DAY COMPETITION

Hey kids, why be bored this school holiday when you can do something really cool and make your grandma/grandpa proud! If you think you have the smartest grandparents in the world, then enter our exciting competition and stand a chance of winning R500 for yourself and R500 for your grandma/pa! Entry forms are not necessary, but are available on our website, www.age-in-action.co.za or by calling Age-in-Action on 021-426-4249

Here's what you must do:

- [1] Send us a photo of yourself and your grandma/pa or draw us a picture.
- [2] Tell us, in not more than 50 words, why they make you so happy.
- [3] Tell us on which Sunday in October Grandparents Day is celebrated in SA.
- [4] Post everything, plus your details to:
Grandparents Day Competition, Age-in-Action, PO Box 2335, Cape Town, 8000.

The competition closes on 15 September and entry is free, so get started **now** and you could be the winner of the competition **in your province !** Winners will be announced on 1 October.

For more information about the competition, please call Age-in-Action at 021-426-4249.

If you would like to buy your grandma/grandpa this beautiful gold ribbon as a gift which costs only R25 excl. postage, contact us today on

tel. 021 426 4249, fax 021 426 4290 or info@age-in-action.co.za.
Order forms are also available on www.age-in-action.co.za



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